

Little Blessing Preschool Counseling Support Service List

Agency	Address	City	State	Zip	Phone	Web Address	Brief Information
BEHAVIORAL HEALTH SERVICES							
All Things New Therapy Associates for Psychological and Therapy Services	111 Arizona Ave NW 106 Historic 4th St, Suite 205	Orange City Sioux City	IA IA	51041 51101	712-737-9444 712-252-1473	office@allthingsnewtherapy.org https://www.allthingsnewtherapy.org	Faith based counseling services for children and adolescents. Services include psychotherapy for children and adolescents, family therapy, ADHA testing, depression/anxiety testing, and psychological and neuropsychological testing.
ATLAS		Sioux Center	IA	51250	712-722-4900		Faith-based ministry that provides personal development services to individuals and families who are hurting for a variety of reasons. ATLAS is not a counseling agency but works with other professional counseling and support organizations in cases where professional assistance is needed. ATLAS works with churches and resource organizations to meet the emotional, physical, and spiritual needs of people.
ATLAS		Orange City	IA	51041	712-737-4090	atlas@atlascenter.org; atlas@national.net	A comprehensive behavioral health care including screening and evaluation—for a wide range of common behavioral health conditions.
Avera Medical Group Midwest Psychiatric Medicine Sioux Falls	4400 West 69th St, Suite 500	Sioux Falls	SD	57108	605-322-7580		A psychiatric facility offering both inpatient and outpatient behavioral health care.
Avera-McKernan Hospital (Beh. Health Services)	4400 West 69th Street	Sioux Falls	SD	57108	605-322-4005		Offer behavioral treatment utilizing the Principles of Applied Behavior Analysis (ABA). Research has proven that young children with severe developmental delays can show remarkable progress if intensive behavior therapy is provided over a two to three-year period. BCS works to create an individual, dynamic, comprehensive program for each child in order to obtain the best possible outcome. Services young children to adult.
Behavior Care Specialists (Sx Falls and Rock Valley)							BCS provides services for all ages - young children to adults.
Bethany Christian Services	123 Albany Ave	Orange City	IA	51041	712-454-3484	www.bethanychristianservices.org	Faith based counseling offering individual psychotherapy, psychological testing, marriage and family therapy and child focused therapy.
Bethesda Christian Counseling	80 Central Ave NW, Suite 300	Orange City	IA	51041	712-737-4831 712-737-2635	bethany.counseling@bcs.org	Services to victims and survivors of sexual assault. Free, confidential to all men, women, and children. Included 24/7 helpline, crisis counseling and legal, medical and personal advocacy. Emergency shelter is also available.
CAASA- Centers Against Abuse & Sexual Assault			IA		877-362-4612	paths@chustiancounseling.org	Serving a wide range of children, adolescent and adult counseling services. Classes offered for empathy building, anger management and parenting.
Cherokee Mental Health Institute	1251 Cedarloop	Cherokee	IA	51012	712-225-2594	www.caasonline.org	Serves victims and survivors of crimes to help them lead a life free from violence including domestic violence and human trafficking, homicide and freedom from violence. 24 hr crisis line, support groups, counselors and temporary housing assistance.
Creative Living Center	1905 10th St.	Rock Valley	IA	51247	888-587-2537		Provides children, families, and individuals with counseling and skill building services to ensure long-term stability within individual and family.
Department of Human Services Abuse Hotline	PO Box 295	Sioux Center	IA	51250	800-362-2178 712-722-4404 800-382-5603	creativelivingcenter.com	Statewide non-profit centered on educating the public about mental illness, advocating and supporting those with mental illness, their loved ones and providers.
Family Crisis Center of Northwest Iowa							Outpatient counseling, psychology and psychiatric services.
Family Solutions Services	1217 Hiway 10 W, PO Box 238	Orange City	IA	51041	712-707-9222	family-solutions.org	
Juvenile Court Services	211 Central Ave. S.E.	Orange City	IA	51041	712-722-4462	family-solutions-services.com	
NAMI - National Alliance on Mental Illness						https://namiowa.org/	
Plains Area Mental Health	400 Central Ave. NW	Orange City	IA	51041	712-546-4624	plainsareamentalhealth.org	
Plains Area Mental Health AFTER HOURS CRISIS HOTLINE							
PromiseCommunity Health Center	338 1st Ave. N.W.	Sioux Center	IA	51250	888-546-0730 800-242-5101 877-722-1770	promisec.org	
Sanford Children's Specialty Clinic	1600 W. 22nd St.	Sioux Falls	SD	57105	605-312-1008		
Seasons Center for Behavioral Health	118 N 2nd Ave	Sheldon	IA	51201	800-242-5101	seasonscenter.org	Counseling and therapeutic services for children for behavioral health, substance abuse, trauma, psychological testing and crisis care.
Seasons Center for Behavioral Health	147 S Main	Sioux Center	IA	51250	800-242-5101	seasonscenter.org	Counseling and therapeutic services for children for behavioral health, substance abuse, trauma, psychological testing and crisis care.
Suicide Crisis Line					800-242-5101 Option 8		
Iowa Sexual Abuse Hotline					712-252-5000		
National Suicide Prevention Lifeline					800-284-7821		
National Suicide Prevention Lifeline En Espanol					800-273-8256		
Your Life Iowa to call					888-628-9454		
Your Life Iowa to text					855-581-8111 855-895-8398		
LEGAL ASSISTANCE							
							A source of information on Alcohol, Drugs, Problem Gambling, and Suicide

CASA of Sioux County	303 N Main Ave	Sioux Center	IA	51250	712-722-3324	www.casasiouxcounty.org	Non-profit organization promoting health, diverse communities through empowerment, education and advocacy. Services include food assistance, communicating about rental property, interpreters for hire, upcoming ESL classes, and a helpful document to locate immigration lawyers. Frequently asked questions as well as stress counselors available by phone or one-on-one live chat.
Iowa Concern Hotline					800-447-1985		
Child Support Recovery Number					888-229-9223		
Youth Law Line Number					800-728-1172		
Iowa State Bar Association Volunteer Lawyers Project					800-532-1275		
Lawyer Referral Service Number					800-532-1108	iowalegalaid.org	Free legal help with civil law problems for eligible low-income Iowans.
Iowa Legal Aid Number					800-532-1275	http://www.iowalegalaid.org/	Non-profit organization that provides free, high quality legal services to low-income immigrants throughout the state of Iowa.
Justice For Our Neighbors Number					515-255-9809		
CRISIS/EMERGENCY HOUSING/HELP							
American Red Cross					712-252-4081	https://www.redcross.org/cruz-ia/ia	
Family Crisis Centers of NW Iowa					800-382-5603	familycrisiscenters.org	
Sioux City Gospel Mission					712-255-1769	thegospelmission.org	
The Bridge					712-707-9922	genesishouseiowa.org	
Zeatos Inc.					712-756-4456	zeatosinc.com	
Sioux County General Services					712-737-2999	siouxcounty.org/departments/general_services/	Financial assistance may be available for U.S. citizens for general housing and food needs, legal services, medical service and substance abuse programs.
Iowa Poison Control Center					800-222-1222	iowapoison.org	
National Center for Missing or Exploited Children					800-843-5478	missingkids.com	
National Runaway Safeline					800-786-2929	1800runaway.org	
Plains Area Mental Health After Hours Crisis Hotline					888-546-0730	www.salvationarmy.org/IAHL	
Salvation Army					712-255-8836		
EARLY CHILDHOOD & PARENTING							
Bethany Christian Services					712-737-4831	bethany.org/orangecity	
Community Health Partners					800-435-3454	siouxcountychp.org	Offers healthy families Program to parents who are expecting a baby or have newborn infant. It is free, voluntary, culturally sensitive program that focuses on strengths and centers on the family.
Mid-Sioux Opportunity					800-859-2025	midsioux.org	WIC, education, home repair
Northwest Iowa AEA	1382 4th Ave NE	Sioux Center	IA	51250	800-352-9040	extension.iastate.edu/sioux/	AEAs provide special education services, school improvement assistance, media resources, and early childhood education support.
Strengthening Families					712-476-5990		
Love and Learn Winter Classes	Love, Inc.	Rock Valley	IA		712-737-8295		Family advocate visits home weekly, working with children and parents.
Sioux County Home-Based Head Start					800-859-2025		
Child Care Resource and Referral	Mid-Sioux Opportunity 418 Marion St.	Remsen	IA	51050			
HOUSING							
Mid-Sioux Opportunity					712-722-3611	midsioux.org	Help with home repair and heating assistance, weatherization.
FOOD PANTRIES & ASSISTANCE							
ATLAS					712-722-4900	atlasofsiouxcenter.org	
Hull Community Food Pantry	1135 Main Street	Hull	IA	51239	712-470-5619	lovesinc.org/	
Love INC of Sioux County	962 Westview Drive	Rock Valley	IA	51247	800-621-2335	lovesinc.org/	
Mid-Sioux Opportunity food pantry Sioux County	618 14th St NE Site 10	Sioux Center	IA	51259	712-722-3611	midsioux.org	
New Life Ref Church Meat Ministry		Sioux Center	IA	51250	712-722-3520		
Zeatos Inc Meat Ministry	Rod Hofmeyer	Alton	IA		712-441-3201		
Hull Farmers Market and Community Garden					712-439-1521		
HEALTH SERVICES							
Heggs Health Center	1202 21st Ave	Rock Valley	IA	51247	712-476-8000	heggbc.org	
Orange City Areal Health Systems	1000 Lincoln Circle	Orange City	IA	51041	712-737-4984	orangehealthsystems.org	
Sioux Center Health	1101 9th St SE	Sioux Center	IA	51250	712-722-1271	siouxcenterhealth.org	
Child Health Specialty Clinic - Spencer	1200 1st Ave E	Spencer	IA	51301	877-270-9386	iowaspecialtycare.org/regionalspencer/specialtycenter	A community-based public health agency serving Iowa children and youth with special health care needs. Helping children with chronic conditions like asthma and diabetes, developmental or behavioral disorders like autism or attention deficit hyperactivity disorder, and children with more complex health issues like spina bifida or cerebral palsy.

